

Caltech Resources for Graduate Students

(Last updated 2022-11-30)

Financial:

- Emergency fund (apply up to 1 year after the emergency):
<https://www.gradoffice.caltech.edu/financialsupport/emergency-funding>
 - o Can be used to replace items in event of theft (e.g. catalytic converter theft, laptop theft, etc.).
 - o Can be used to help cover onerous medical expenses (e.g. root canal + crown).
 - o Sensitive information, e.g. specific procedures or medical services, can be redacted/blacked out from the submitted receipts.
- For student parents:
 - o Parent support scholarship:
https://gradoffice.caltech.edu/financialsupport/fellowships_internal/parent-support-program-scholarship
 - o Child care assistance program: <https://hr.caltech.edu/departments/total-rewards/benefits/child-care-assistance-program>
 - o Dependent Health Insurance Reimbursement Program:
<https://www.emailmeform.com/builder/form/PyAH4e4de00oej0B50>

Health Resources (email Kevin Lee in HR with any questions: klee@caltech.edu)

- TimelyCare:
 - o On demand mental health and physical health needs through Talk Now feature
 - o Talk Now feature is completely free and unlimited
 - o No health care information needed
 - o More information on TimelyCare: <https://wellness.caltech.edu/health/after-hours-weekend-care>
- Mental healthcare:
 - o Up to 25 free therapy sessions with zero co-pay per year with in-network providers
- Health vending machine on the 2nd floor of Hameetman
 - o Menstrual products: \$0.50/pad and \$2/2 tampons
 - o Condoms: \$2/pack of 3
 - o At home pregnancy test: \$1/test
 - o Plan B: \$11/pill
- Reproductive resources:
 - o All FDA-approved contraceptives are 100% covered.
 - o Covered 80% after \$250 deductible: abortion services, sterilization surgery, pregnancy/maternity care, transgender surgeries.
 - o Abortion pills can be ordered by mail from in-network providers.
- Health insurance help:
 - o Caltech has an Anthem concierge who can answer questions on the Anthem Student Health Insurance (default health insurance for Caltech):
<https://hr.caltech.edu/departments/total-rewards/benefits/anthem-concierge>

Transportation

- All students get 4 free single-day parking passes per month. Order a batch each term by emailing todd.swart@caltech.edu and pick up at the mail window in the Spalding mail center.
- Metro Micro is a cheap, public rideshare service available in Pasadena, LA, and other areas. You can order a ride from an app to pick you up from metro or bus stops when you are ready, without having to wait. <https://micro.metro.net/>
- Free Metro pass <https://parking.caltech.edu/commuter-services/public-transit>
- \$100 monthly credit toward Metrolink for public transit commuters
- Discounted parking for carpoolers
- More transit resources: <https://parking.caltech.edu/commuter-services>

Writing help: the Hixon Writing Center

- [Make individual appointments](#) with general or STEM writing specialists to get one-on-one help writing your paper, dissertation, fellowship, or grant proposal.
- [View resources](#) with tips for writing grant proposals, papers, and CVs, or creating talk slides and posters.

Other

- Caltech Y rents out camping and outdoor recreation equipment, AV equipment, and more for low costs: <https://www.caltechy.org/what-we-do>
- The interactive Caltech map shows locations of all-gender restrooms and ADA accessibility information: <https://www.caltech.edu/map/campus>